



On the Beat - Minneapolis VA Health Care System - September/October 2012

VA Center to Serve Homeless Vets (Page 2)



Community Resource & Referral Center Opens in Downtown Minneapolis

The Minneapolis VA Health Care System has opened a Community Resource and Referral Center (CRRC) at 1201 Harmon Place in downtown Minneapolis. The center -- one of 17 opening around the country -- is part of the VA plan to end homelessness among veterans by 2015. On any given night, there are about 700 homeless veterans living in Minnesota. The center offers primary care and mental health counseling. VA case managers are on site to assist veterans with accessing services such as housing, jobs and education. The center has showers, laundry machines and computers. It is open weekdays from 7 a.m. to 6 p.m. The CRRC is near downtown Minneapolis to make it easy to access other organizations. Also on site is the VA's Bridge to Recovery program. In addition to housing 30 VA staff, local community partners also have office space in the center. The center began operations on Sept. 18. A dedication event was held Sept. 17; it was attended by more than 200 veterans, elected officials, community partners and VA staff.



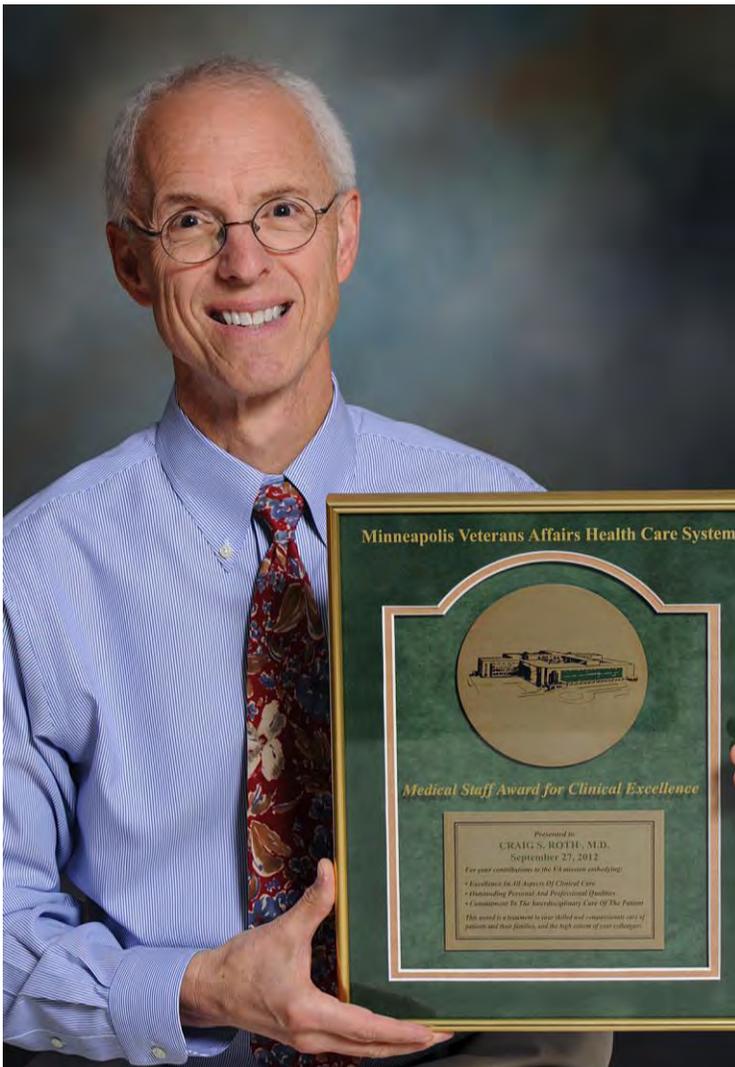
Many area residents and community partners attend VA dedication event.

ON THE COVER (L-R): U.S. Rep. Keith Ellison, who represents Minneapolis; Vietnam Veteran Jerry Redmond, who is a VA volunteer; U.S. Sen. Amy Klobuchar; and Jonelle Draughn, CRRC program director, cut the ribbon to officially open the new facility in downtown Minneapolis.

ON THE BEAT is a bi-monthly publication of the Public Affairs Office of the Minneapolis VA Health Care System. Submit comments to ralph.heussner@va.gov. Photos by April Eilers and Bill Creswell of Medical Media.



Award Nominees (L-R): Front row, Drs. Press, Li, Caine, Foman and Klein; Back row: Drs. Thurn, Roth, Patterson, Adam, Khawaja, Olson, Risk and Kusar. Missing: Drs. Gallito, Pruitt, Sembrano, Simonson, Thomas and Wells.



Craig Roth, MD, displays honorary plaque.

Internist Dr. Craig Roth Honored with 2012 Clinical Excellence Award

Dr. Craig Roth is recipient of the eleventh annual Medical Staff Award for Clinical Excellence, which recognizes a member of the medical staff who provides outstanding clinical care. Dr. Roth is a physician in General Internal Medicine. In the words of those who nominated him: ***Dr. Roth is a very conscientious provider. One of our patients once told me Dr. Roth took the time to personally push him, in his wheelchair, out to his car. He then helped the patient into his car. He will also call patients at home to check in with them. . . Dr. Roth is a mentor to many of our younger General Internal Medicine doctors. . . He has integrity and respect for his co-workers and patients. . . Dr. Roth provides the highest standard of care to our veterans. . . Dr. Roth is the nicest provider I've ever worked with. He is someone whom I would recommend to a family member for care. I hope to have the chance to work with him for many years to come!***

See Pages 4-5 for all award nominations.

Clinical Excellence Award Nominations

The 2012 nominees represent the skilled and compassionate care that each member of our medical staff provides to veterans on a daily basis. Here is a list of this year's nominees accompanied by brief excerpts from the nomination forms highlighting the unique contributions of each of these individuals.

Jeremy Adam, M.D., Physical Medicine and Rehabilitation, Extended Care and Rehabilitation PSL - When it comes to providing the best possible care to patients, Dr. Adam leaves no stone unturned. He has expanded rehabilitation services for veterans with stroke by more than doubling the average daily census of our stroke rehabilitation unit. He is the first volunteer, the last to go home, and is always willing to take on more than his share of work.

Audrey Caine, M.D., Radiology, Imaging PSL - Dr. Caine is one of the most productive members of the Imaging staff. She brings the highest level of professional quality to everything she does. She is one of the major forces behind the establishment of a new comprehensive breast imaging program here at the Minneapolis VA, which should be operational by the summer of 2013. She always has a smile on her face.

Neal Foman, M.D., Dermatology, Specialty Care PSL - Dr. Foman exemplifies dedication and excellence. He is a recognized expert in wound healing and has forged a new subspecialty clinic in this area for the Minneapolis VA. His commitment to the community, nation, and veterans is evident in his daily work to advance VA's core values. He is a model physician, educator, and administrator. He is a master diplomat.

Amida Gallito, M.D., Twin Ports Outpatient Clinic, Primary Care PSL - Dr. Gallito delivers thoughtful and careful clinical care. She keeps up with current developments and shares her knowledge with her colleagues as well to her patients. Her care planning is excellent. Dr. Gallito is working to develop her PACT team and has a great interest in ensuring the care we deliver to our female veterans is "women-friendly."

Imran Khawaja, M.D., Psychiatry, Mental Health PSL - Dr. Khawaja is passionate about his work. This is illustrated by his typical warm greeting of "please come in" whenever staff knock on his door. No matter how busy he is (and he is very busy!), he is always willing to see a veteran if needed. He provides top notch care to veterans. The VA is very fortunate to have him.

Mark Klein, M.D., Hem/Onc, Primary Care PSL - Dr. Klein is an outstanding medical oncologist. He is constantly advocating the best medical care for his patients and spends an enormous amount of time coordinating such care. He has a very respectful and jovial demeanor which helps create a great working environment. He is significantly involved in the training of future health care providers.

Larisa Kusar, M.D., Physical Medicine and Rehabilitation, Extended Care and Rehabilitation PSL - It is not unusual for Dr. Kusar to be the center point of communication and planning with Orthopedics, Neurosurgery, Psychiatry, Neurology, Internal Medicine, multiple therapists and other specialists - all on the same case. She gracefully keeps the goals and desires of patients and their families at the center of care. She is the glue that holds our team together.

Jian Ming Li, M.D., Cardiology, Primary Care PSL - Dr. Li is a mentor and teacher. He is approachable, knowledgeable, and able to enlighten all levels of staff about electrophysiology diagnosis and patient care. His commitment to the veteran population is inspiring. Patients frequently request to be followed by Dr. Li in clinic.

Kim Olson, M.D., General Internal Medicine, Primary Care PSL - Dr. Olson is a wonderful provider on the 3D Clinic PACT team. She is always on top of things and can multi-task in amazing ways. She has integrity and respects her patients and colleagues. She is very accessible and adapts to changing situations with a calm approach. I would be happy if she was my provider because I know she gives excellent care!

Timothy Patterson, M.D., Psychiatry, Mental Health PSL - Dr. Patterson provides mental health care to the Hayward, Rice Lake and Maplewood CBOCs. He provides education regarding mental health treatments with an emphasis on holistic health strategies. He recognizes the importance of integrative approaches for maintaining personal health and well being. Dr. Patterson is a team player.

Megan Press, M.D., Psychiatry, Mental Health PSL - Dr. Press is unsurpassed in her clinical acumen. She is the only psychiatrist I know willing to consistently break down barriers between medicine and mental health. She routinely spends time in primary care resident spaces to provide on-the-spot consultation and spends time building relationships with our medicine colleagues.

Joseph Pruitt, M.D., Optometry, Visor Program, Specialty Care PSL - Dr. Pruitt provides outstanding care to low-vision patients that come to the VISOR clinic. He also sees TBI outpatients and inpatients on an emergent basis. His dedication to the right care, at the right time, at the right place is evident every day. His work ethic is inspirational. I feel honored to have the opportunity to work with Dr. Pruitt.

Michael Risk, M.D., Urology, Specialty Care PSL - Dr. Risk is an excellent instructor to patients, staff, residents, and coworkers. He uses the most up-to-date knowledge and skills for procedures and practices. He facilitates clinical teamwork, is skilled in problem solving, and is a role model. He is an excellent resource in Urology as well as for other clinical areas. He leads by example.

Jonathan Sembrano, M.D., Orthopedics, Specialty Care PSL Dr. Sembrano always begins a consult by shaking a patient's hand and ends it in the same way. After clinic, he does not leave until he has returned all of his patients' calls. He goes home later than any other staff. He expects a lot from himself and gives a lot to his patients. He has such a good working relationship with his patients that their relatives are fond of him.

Joshua Simonson, M.D., Radiology, Imaging PSL - Dr. Simonson is always available, approachable, and willing to help at the drop of a hat. He has a very calming demeanor and willingly accommodates different schedules without a gripe or complaint. He communicates in an understandable way so his patients know what is going on. He is a phenomenal asset to our team.

Annie Thomas, M.D., Chippewa Valley CBOC, Primary Care Dr. Thomas provides excellent care. Her opinion is sought and her expertise requested almost daily. She takes it upon herself to call doctors, nurses --anyone to get the job done. She works long hours here and at home. Dr. Thomas is well known to her colleagues in Minneapolis. She calls and consults personally and follows through to assure continuity of patient care.

Joseph Thurn, M.D., Infectious Disease, Primary Care PSL- Dr. Thurn knows how to elicit and focus on subtle historical or physical details that may make all the difference in "getting it right." He is here at all hours, tirelessly tying up loose ends, composing his detailed and highly informative notes, and making sure that his patients receive timely and state-of-the art care. He devotes himself 110% to his patients.

Joseph Wells, M.D., Anesthesiology, Specialty Care PSL - He is often requested by surgeons for the most challenging cases. He has exceptionally good relationships with all of the OR staff. He knows everyone's name - from the surgeons to the nurses to the housekeeping staff. He has a wonderful sense of humor. While he starts IV's and performs other procedures in, he has his patient and the rest of the team in stitches.



L-R: Dr. Kinsinger; Dr. Petzel; Judy Johnson-Mekota, Acting Director, Minneapolis VA; Janet Murphy, VISN23 Director; U.S. Sen. Franken; and Dr. Billington.

Minneapolis VA Selected Site of New Program To Help Veterans Prevent Diabetes

The U.S. Department of Veterans Affairs is implementing a pilot version of the Diabetes Prevention Program (DPP) aimed at reducing the number of Veterans who develop diabetes.

The announcement was made Oct. 5 at the Minneapolis VA Medical Center. Speaking at the event were VA Undersecretary for Health Robert Petzel, MD; Linda Kinsinger, MD, VA's Chief consultant for preventive medicine, and head of the DPP project; Minneapolis VA endocrinologist John Billington, MD; and U.S. Senator Al Franken who introduced the DPP for Veterans pilot into federal healthcare legislation.

DPP involves modest weight loss through dietary change and increased physical activity. Previous studies in non-Veterans showed those who lost a modest amount of weight through dietary changes and increased physical activity sharply reduced their chances of developing diabetes. The program also has a life coach to help Veterans maintain their regimen and achieve their goals.

"Approximately 24 percent of Veterans have Type 2 diabetes," said Dr. Kinsinger. "We've monitored the DPP's results and we feel that it could be another tool to make a difference for Veterans."

About 360 Veterans with pre-diabetes will be able to participate in this pilot clinical program at medical centers in Minneapolis, Baltimore, and Greater Los Angeles with VA Ann Arbor serving as the coordinating center.

For Veterans to be considered for DPP, they have to go through the MOVE! Introduction class. Call 612/629-7388 (MOVE! Message Line) to sign up for the next available Intro class. For general questions regarding Minneapolis-DPP, call 612/467-2634.

Study Looks at Power of Expressive Writing

Reprinted from VA Research Currents, August 2012

The former Air Force staff sergeant who wrote the words above, part of a blog post on the Web site *notalone.com*, is one of thousands of Iraq and Afghanistan Veterans who are expressing their feelings and struggles in writing—some publicly on the Web, in writing groups, or in published books; and others in the privacy of their own journals.

Now, VA researchers are studying the power of expressive writing to help Veterans readjust. More than 1,000 Veterans nationwide have taken part in a study based at the Minneapolis VA Healthcare System. The study is the largest yet on expressive writing.

The researchers, led by **Nina Sayer, PhD**, of Minneapolis VA are assessing the impact of writing on posttraumatic stress, social support, physical health, life satisfaction, and other outcomes.

"I was a fighter jet mechanic in the military. I could handle 20 some-odd jets on an hour turn time with people screaming that they needed their stuff done yesterday. I used to be able to struggle with a part for hours, in the freezing cold, again with people screaming at me some more, and not really feel the stress. Yes, there was stress. But possibly it was the 'good' stress that people talk about. Now, something goes a little wrong and I flip out and get angry, and anger leads to not thinking straight, and not thinking straight leads to rage! It just isn't a good thing for anyone involved..."

The Iraq and Afghanistan Veterans in the study, recruited through VA and Department of Defense sources, are randomized to either expressive writing or one of two "control" activities. One control group is asked to write factually about the information needs of new Veterans. The other is not given any writing assignments.



Dr. Sayer

The writing participants visit a Web site where they receive instructions and write for at least 20 minutes, on up to four separate days within a 10-day window. For the expressive writing group, the topic is their reintegration challenges, the transition from soldier to civilian. They are asked to "write about their deepest thoughts and feelings around the topic," says Sayer, and to not worry about grammar and spelling.

Past studies on expressive writing have shown its therapeutic value for people with various health conditions and adjustment problems. But this is the first time the approach has been studied specifically as a way to help Veterans cope with reintegration. To make the therapy as accessible as possible, the researchers created a Web site where the Veterans could do their writing.

"You don't need to be clinically diagnosed," notes Sayer. "You don't need a clinician to refer you to a specialist. You don't need to wait for an appointment with that specialist. And you don't need to leave work or travel to a clinic.

Expressive writing can stand alone as a therapy, or potentially work as an adjunct to other treatment, such as psychotherapy, says Sayer. She says some Veterans may think about starting psychotherapy as a result of their writing, and some may bring issues from their writing into their therapy sessions. **SEE NEXT PAGE**



Pictured left OR staff (l-r) Robert Chandler, Loni Cich, Kristie Simon and Berta Needham

ORs Optimizing Workflow and Efficiency

Minneapolis VA is renovating four of its 18 operating rooms to provide more versatility to support advances in surgical techniques and their need for video, data and telecommunication. OR boom technology and digital OR integration provide tremendous advantages in improving clinical workflow, staff and operational efficiencies, accuracy, enhanced throughput, quality outcomes and safe patient care. The "boom" technology provides OR staff with an ergonomic and safe work environment by suspending equipment from the ceiling. Multidisciplinary team members planned and designed the new ORs to provide unparalleled 360 degree positioning flexibility around the entire surgical field with adaptability to fit every surgeon's preference for equipment placement and room setup.

VA Studies 'Healing Words' in Veterans - Continued from previous Page

"It could be that for some people, the experience of writing about their reintegration issues may lead them to think about trying therapy, when they hadn't thought about doing so before," notes Sayer.

To help create a therapeutic writing experience for participants, the writing samples, all done online, are not shared with anyone. Sayer's team, however, does review them for safety concerns, such as violent or suicidal thoughts. When appropriate, the team reaches out directly to Veterans to try to connect them with the help they need, or refers the writing samples to a clinician outside the research team for possible follow-up with the Veteran. The writing Web site itself also offers referral information.

While the researchers don't anticipate dramatic impacts from the writing intervention, they do expect positive results. The key, they point out, is that expressive writing is a low-tech, low-cost activity that Veterans from all backgrounds can easily access.

"It has the potential help a large number of people, even if the effect is small to medium," says Sayer. "Because of this reach to a wide population of Veterans, it could make an important difference."

Prestigious Award for Dr. Joseph Westermeyer

Minneapolis VA psychiatrist Dr. Joseph Westermeyer is recipient of Charles Bolles-Rogers Award. This award is given yearly to a metro area physician who is deemed an outstanding physician. This is considered the most prestigious local award for a Twin Cities physician. In the award announcement, Dr. Westermeyer was described as a “Renaissance Man – an individual with wide interests, skills, and contributions in many areas of medicine and social science.

Career Awards - Congratulations!

<p>45 Years Barbara J. Brehme Lucious Kearse Grace A. Madse</p> <p>40 Years Robert P. Buda Jerome M. Manders Carol L Carlson Dennis E Niewoehner Barbara L. Englin</p> <p>35 Years Gary R. Zielke, Jeffery L. Newman Nevin W. Johnson</p> <p>30 Years Fred E. Conrad, Renetia J. Jackson Cynthia P. Williams Nancy M. Tabaka Julie Ann Anderson Jane P. Potter Randall L Hagen John J. Mishler</p> <p>25 Years Harper B. Williams Daniel R. Shogren Nancy K. Eggert Sharon R. Collins</p>	<p>25 Years (cont) Karen Klasna Maureen M Nelson Edward O. McFalls Gail J. Smith Bridget D. Kennedy Richard C. Kanzenbach Michael L. Gray Julie A. Lindelien</p> <p>20 Years Thomas E. Wolf Sandra Pina Frizelle Jacqueline S. Bailey Ann M. Bolan Vickie L Johnson Nina A. Sayer Joseph R. Ghilardi Wayne G. Siegel Sheila A. Sheridan</p> <p>15 Years Matthew J. Bache Maria R. Sturgell Michael Edward Lein Lucy I. Hastings Allen B. Heck Eric W. Dieperink Melissa S. Shepard Lois M. Baker Gerald L Holscher Amy L. Archer</p>	<p>10 Years Queen E. Eke Patricia L Hanson Gordon P. Hofman Andrew Z. Meyer Sharon E. Jones Vicki A Casey Nicole D. Tabbert Kristin L. Lewis, Russell V. Norsten Shelly J. Hughes Siamak Noorbaloochi Janine M. Kuiper Jeffrey T. Fuqua, Maupuana A. Skeen Angela L. Johnston Elizabeth A. Grier, Renee E. Montgome Victoria J. Bruce Scott D. Duranceau Frederick M. Parker Jacquelyn Costabilo Tena J. Anderson Dawn M. Gabrielson Heather E. Stiles Mary L. Evans Diane Webber Diana Jones, Mary T. Schippel</p>
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VA5K Run, Walk and Roll

More than 150 VA staff, patients, family and friends participated in the annual event on a sunny September 8. In addition to the 5k run/walk, there was a Kids Fun Run and a fast-paced event for wheelchair racers. The event was co-sponsored by the Minneapolis VA and the Minnesota chapter of the Paralyzed Veterans of America.



VA Leads Nation in Breast Cancer Screening Rates

VA leads the Nation in breast cancer screening rates and has outperformed non-VA health care systems in breast cancer screenings for more than 15 years, with 87 percent of eligible women receiving mammograms in the VA health care system in fiscal year 2010. In comparison, in 2010, the private sector screened 71 percent of eligible women. Since 2000, the number of female Veterans using VA health care has more than doubled, from nearly 160,000 to more than 337,000 in fiscal year 2011. As the number of women Veterans increases rapidly, VA not only focuses on improving access to breast screenings and coordination of care, but also trains providers in the latest breast exam techniques.

Online Toolkit Aims to Support Community Mental Health Providers

VA has developed an online Community Provider Toolkit aimed at delivering support, therapeutic tools, and resources to community providers treating Veterans for mental health concerns. The goal of the Community Provider Toolkit is to further enhance the delivery of mental health services to Veterans through increased communication and coordination of care between community providers and VA. It not only provides information about accessing, communicating with, and, if needed, making referrals to VA, but also provides effective tools to assist Veterans who are dealing with a variety of mental health challenges. Here's link: www.mentalhealth.va.gov/communityproviders.

'60 Minutes' Documentary Profiles Veteran Treatment Courts



It is often said that coming home from war can be more difficult than the war itself. While deployments are measured in months or years, reintegration is a lifelong event, often away from the battle buddies that watched their back. The pressure can be too great for some Veterans—and may lead to first time run-ins with the law. That's why Veterans Treatment Courts, tailored for Vets with first time felonies, have popped up all around the country. Judges offer leniency in exchange of a treatment plan, usually fulfilled at a VA facility. The courts

were highlighted in a recent segment on 60 Minutes, which traced the rise, fall, and rebirth of a Marine Veteran who found himself facing the justice system after a combat tour. The piece also delves into the story behind the bench, and how the treatment program is a tougher yet more promising option for Vets. The system works for another Marine featured; he avoids jail by graduating from the program and is on his way toward another graduation—this time from college. **For more information on VA's support of Veteran's courts, see www.blogs.va.gov/VAntage/2018/a-second-chance-veterans-treatment-courts/**

Minneapolis VA staffs veterans treatment courts in Hennepin County, MN; Washington County, MN ; Blue Earth County, MN; Chippewa Valley (Eau Claire, Dunn, Chippewa counties) WI ; and Pierce County WI. Anoka County MN will kick off a new court on Veterans Day 2012.



Fall Into Fitness Through the WIN Program!

The VA WIN Employee Health & Wellness program is pleased to announce its Fall 2012 Issue of its newsletter. The issue is filled with articles on weight control, exercise and healthy living. Available on the VA Intranet for staff only at:

http://vaww.minneapolis.va.gov/docs/WIN_newsletter_fall_issue2012.pdf

Transcendental Meditation for PTSD Available for Veterans

Veterans with a diagnosis of PTSD are eligible for the study and will receive up to \$445 in support for time and travel. The project consists of 8 weekly group sessions of 2 hours each, plus 5 additional assessment sessions lasting between 1-5 hours. Contact **Amy Moran** at 612 629-7360. The principal investigator is **Dr. Kelvin Lim**.

Researchers Compare Glycemic Responses in Pasta Products

Researchers from the Minneapolis VA and University of Minnesota published an article in the September/October 2012 issue of *Nutrition Today* with results of a blinded, randomized crossover study of 20 subjects without diabetes. **Drs. Frank Nuttall**, and **Mary Gannon**; **Heidi Hoover**, dietician; and data coordinator **Jan Thurgood** reported that the two pastas tested had nearly identical blood glucose responses in normal subjects.

Study Shows Rural Colon Cancer Patients Fare Worse

Colon cancer patients in rural areas of the U.S. are more likely to die than those in cities, a new study reports. Rural patients with colon cancer tend to be diagnosed at a later stage and are less likely to receive chemotherapy or thorough surgical treatment. Surgeons at the University of Minnesota and the Minneapolis VA analyzed data from more than 123,000 patients in the California Cancer Registry. About 15 percent of the patients lived in rural areas. Rural patients were 4 percent more likely than urban patients to be diagnosed with stage 3 or 4 cancer. Lead author is **Dr. Christopher Chow**, a surgical resident at the Minneapolis VA.

**Million Veteran Program:
A Partnership with Veterans**

Minneapolis VA 2nd in Enrollment with more than 4,000 Veterans. Only the Houston VA has more participants. If you are a veteran, call toll free at 866 441-6075, or visit <http://www.research.va.gov/mvp/>

Minneapolis VA to Host Employee Forums

- Friday, November 2, 2 p.m. (Supervisors and Managers)
- Monday, November 5, 9 a.m. and 5 pm
- Tuesday, November 6, Noon
- Wednesday, November 7, 7 a.m.

All forums will be held in the Auditorium. VTEL to CBOCs

OPERATIONS ENDURING FREEDOM & IRAQI FREEDOM



WELCOME HOME



YOU SERVED US, NOW LET US SERVE YOU

The Minneapolis VA OEF/OIF Office has moved from Building 77 (the modular facility) to 4D in the main hospital. It is co-located with the Post-Deployment Clinic.

Minneapolis VA Health Care System
Caregiver Appreciation Day
 in honor of National Caregiver Month
 Thursday, November 15th, 2012
 10:00 am - 3:00 pm Flag Atrium

Caregivers Resource Fair

FAIR BOOTHS

VA:

- Volunteer Respite Program
- Adult Day Health Care programs
- Home and Community Care
- VA Medical Foster Home Program
- VA Patient Family Center
- Veterans Benefits Administration
- OEF/OIF Program
- MyHealtheVet enrollment
- Advance Directives
- VA Hospice and Palliative Care Team
- Defense and Veterans Brain Injury Center
- Family Psychoeducational program

Community Providers:

- Alzheimer's Association
- Social Security Administration
- National Alliance on Mental Illness
- FamilyOfaVet.com
- Lutheran Social Services
- Caring Bridge
- Mind Body Solutions - Yoga
- Family Means
- Living at Home Network
- Senior Community Services
- Volunteers of America
- Several other Caregiver Support Resources



Minneapolis VA Health Care System
 One Veterans Drive
 Minneapolis, MN 55417



Minnesota Assistance Council for Veterans invites you to participate in a free:

DROP-IN LEGAL CLINIC FOR VETERANS:

CHILD SUPPORT & FAMILY, EMPLOYMENT, BENEFITS, EXPUNGEMENT & DEBT COLLECTION

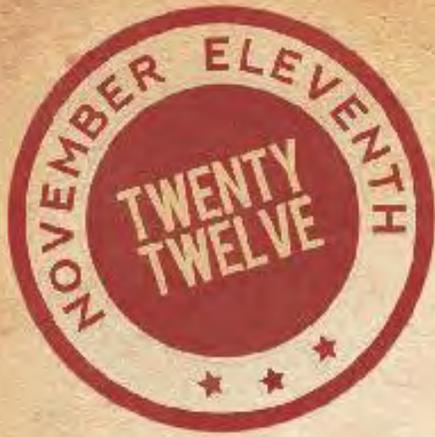
Tuesday, November 13, 2012 | 9am-2pm | VA Medical Center
 Flag Atrium Balcony Room 25 114 (ask information desk for directions)
 1 Veterans Drive | Minneapolis, MN | FREE Parking at the VA Medical Center

Attorneys, MACV staff, County Veterans Service Officers, and child support officers will be available throughout the day to assist veterans with questions, legal forms, and counsel.

For more information contact: Sara Sommerstrom - MACV | 651.224.0292 | ssummerstrom@mac-v.org

HIRE MINNESOTA'S VETERANS

www.PositivelyMinnesota.com/Veterans



VETERANS DAY



STATE OF MINNESOTA VETERANS DAY EVENT

NOVEMBER 11, 2012

VETERANS MEMORIAL COMMUNITY CENTER,
8055 BARBARA AVENUE
INVER GROVE HEIGHTS, MINN.

8:30 - 9:30 A.M. - FREE BREAKFAST
10 A.M. - PROGRAM



Sponsored by the Minnesota Department of Veterans Affairs and the Minnesota Commanders Task Force. The event is open to the public. For information visit minnesotaveteran.org.