



- The total lifetime cost of self-inflicted injuries occurring in 2000 was approximately \$33 billion. This includes \$1 billion for medical treatment and \$32 billion for lost productivity. (www.cdc.gov)
- Approximately 7% of the US population knew someone who died of suicide during the past 12 months. (www.cdc.gov)

13th Annual International Survivor of Suicide Day

International Survivors of Suicide Day:
Annual Day of Healing for Bereavement After Suicide
Saturday, November 19, 2011
2011 Program in English, Spanish, & French

On this day each year, survivors of suicide loss join together at hundreds of local healing conferences in cities around the world for mutual support and practical guidance on coping with grief. Because suicide knows no national boundaries, AFSP offers the program in a different language each year. The 2011 program is available in English, Spanish, and French.

- Survivors of suicide loss share their stories and offer practical guidance for newly bereaved survivors.
- Experts explain the basics of what we currently know about suicide and grief.
- Sharing sessions, local speakers, and healing activities may also be offered at your local conference site.

Visit www.afsp.org/survivorday to find a city that's hosting a conference near you on November 19th or to watch the program free of charge online in English, Spanish, or French. International Survivors of Suicide Day is always the third Saturday in November, but you can also watch past programs online at any time throughout the year.

Bringing this program to your community is simple and free. Learn how at www.afsp.org/survivorconference and email survivingsuicideloss@afsp.org for more information.

Check out these publications for more information. . .

“Medical Costs and Productivity Losses Due to Interpersonal and Self-Directed Violence in the United States”

http://www.cdc.gov/ncipc/pub-res/Medical_Costs.pdf

“Preventing Suicide on College Campuses”

http://www.samhsa.gov/samhsaNewsletter/Volume_19_Number_2/PreventSuicideCollegesCampuses.aspx



Clinician's Corner:

Issues to Discuss with Previously Suicidal Patients and Their Families Before Discharge

1. Obtain the patient's permission to talk with family members as is clinically necessary.
2. Emphasize the need for follow-up therapy and/or medical adherence.
3. Inform the patient and family of crisis management procedures and steps. The patient needs to know how to contact the treatment provider and what to do when the clinician is not immediately accessible in an emergency.
4. Instruct the family to monitor the patient and communicate changes or concerns to the outpatient providers.
5. Enlist the family to help safeguard the home (for example, by removing firearms).
6. Evaluate the patient's understanding and acceptance of an aftercare plan. Family members should be aware of any problems in the patient's understanding or acceptance of the plan.

Suicide Prevention: Toolkit for Implementing National Patient Safety Goal 15A

Save the Date:

Survivor of Suicide Day Nov. 19th 2011
Visit www.afsp.org/survivorday to find a city that's hosting a conference near you.

“From Online Safety to Digital Citizenship: Understanding Youth in an Online World” Nov. 18th, 2011
Heintz Center, Rochester MN . For more information go to www.mnyipa.org