

## Biliary Tube Placement Discharge Instructions

You had these drugs for pain and/or relaxation:

\_\_\_\_\_ Fentanyl  
\_\_\_\_\_ Versed

This sheet will tell you how to take care of yourself when you get home.

### Activities

Go home and rest. Do not drive, use machinery or power tools, or make any important decisions for 24 hours. You may return to your normal activities tomorrow.

You will be sore for one to two weeks after the biliary tube is inserted. This may limit your activity. Do not do anything that causes a pulling feeling or pain around the tube or that twists it. You may shower, but cover the dressing with plastic wrap so it does not get wet. It may be easier to take a sponge bath. **Do not** take a tub bath.

### Diet

You may return to your normal diet. Avoid alcoholic beverages for 24 hours.

### Tube Care

A visiting nurse will teach you how to care for the biliary tube and dressing. Your doctor should arrange for the visiting nurse to come to your house.

A follow-up appointment will be made for you. Biliary tubes are usually changed every three to four months. This helps prevent blockages. It is much easier to change the tube than it is to put one in. Keep all your appointments for tube changes. Biliary tubes can usually be changed on an outpatient basis.

### Possible Problems

***Report to the Radiology Department, your doctor, or the closest emergency room, if you:***

- Develop a rapid pulse (greater than 100 beats a minute)
- Feel faint
- Start to sweat heavily
- Feel weak
- Have a sudden increase in pain, swelling, or bleeding at the tube site
- Develop upper back or chest pain or shortness of breath
- Have a temperature of 101 degrees or higher

(over)

***Call your doctor immediately if:***

- You have pain in your side
- Your biliary tube comes out or breaks
- Your biliary tube leaks
- There is no drainage from the tube that is open to the drainage bag
- You have yellow or green discharge around the tube site
- You notice redness, tenderness, or swelling around the insertion site

If you have any problems or questions after you get home, call your doctor ***or*** the Radiology Department at (612) 725-2000, extension 2950 and ask for the cardiovascular radiologist ***or*** Urgent Care at (612) 725-2000, extension 2771.

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