

GI Clinic Endoscopic Ultrasound (EUS) Instructions

Patient Name: _____ **SS#:** _____
Appointment Date: _____ **Time:** _____

Two Weeks Before Your Appointment

If you take coumadin/Warfarin or Plavix/clopidogrel call, your primary care doctor. Ask him/her how soon before your EUS you should stop taking these medications (so your blood clots for the EUS). It is not safe to stop taking these drugs unless you do so under your doctor's supervision.

Arrange for someone to drive you home because you will receive sedation medication before the EUS. This person must come to GI Procedures with you and stay with you after the EUS. *A county van driver does not meet this requirement. If you ride a van, a friend or family member must come with you on the van.*

Appointment Day

You may have a clear liquid (chicken or beef broth, coffee, tea, apple, or other clear juices, or pop) breakfast as long you have it before 7:00 a.m.

If you have diabetes, *do not take* your morning dose of insulin or diabetes pills. Bring them with you to take *after* the EUS. Take your other morning medicines with a few sips of water.

Hospital Arrival

If you take coumadin/Warfarin, please go to Blood Draw in the basement (Room BA-117) *one hour* before your EUS appointment to get blood work done (INR/PT). Then report to GI Procedures on the third floor (3V-127) at your scheduled time.

If you do *not* take coumadin/Warfarin go directly to GI Procedures on the third floor (3V-127) at your scheduled time. You do not need blood tests.

After Your EUS

The normal recovery period after the EUS is about half an hour. We will discuss discharge instructions with you and your significant other(s) if desired, after the EUS.

Please call GI Procedures at **(612) 467-3537**, Monday through Friday between 7:30 a.m. and 3:30 p.m. if you have any questions or need to change or cancel your appointment.

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Content approval: Gastroenterology Section

December 2005

VA Medical Center
Minneapolis, Minnesota