



## 2013 Support Groups Outpatient Clinics

We welcome you to attend our support groups. Regrettably, because of severe space limitations we must ask you to attend no more than one group a week. *Thank you.*

<b>CHIPPEWA</b>					
Tuesday 2:00 pm					
January	8	15			
February	5	12	19		
March	5	12	19		
April	2	9	16		
May	7	14	21		
June	4	11	18		
July	2	9	16		
August	6	13	20		
September	3	10	17		
October	1	8	15		
November	5	12	19		
December	3	10	17		

<b>HAYWARD</b>					
coming soon					
January					
February					
March					
April					
May					
June					
July					
August					
September					
October					
November					
December					

<b>HIBBING</b>					
Monday 2:00 pm					
January	7			<i>Contract site for Hibbing patients only</i>	
February	4				
March	4				
April	1				
May	6				
June	3				
July	1				
August	5				
September	H				
October	7				
November	4				
December	2				

<b>MANKATO</b>					
coming soon					
January				<i>Contract site for Mankato patients only</i>	
February					
March					
April					
May					
June					
July					
August					
September					
October					
November					
December					

<b>MAPLEWOOD</b>					
Friday 11:30 am					
January	18				
February	15				
March	15				
April	19				
May	17				
June	21				
July	19				
August	16				
September	20				
October	18				
November	15				
December	20				

<b>NW METRO</b>			
	Weds 1:00 pm		Thurs 2:00 pm
January	23		10
February	27		14
March	27		14
April	24		11
May	22		9
June	26		13
July	24		11
August	28		8
September	25		12
October	23		10
November	27		14
December	H		12

MOVE Message Center 612-629-7388 or 1-866-414-5058 ext 7388

[www.minneapolis.va.gov/services/move](http://www.minneapolis.va.gov/services/move)

Schedule is subject to change ---- revised 12/17/12



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<b>RICE LAKE</b>					
<b>Friday 2:00 pm</b>					
January	25				
February	22				
March	22				
April	26				
May	24				
June	28				
July	26				
August	23				
September	27				
October	25				
November	22				
December	27				

<b>ROCHESTER</b>					
<b>Wednesday 1:00 pm</b>					
January	2	9	16	23	30
February	6	13	20	27	
March	6	13	20	27	
April	3	10	17	24	
May	1	8	15	22	29
June	5	12	19	26	
July	3	10	17	24	31
August	7	14	21	28	
September	4	11	18	25	
October	2	9	16	23	30
November	6	13	20	27	
December	4	11	18	H	

<b>ROCHESTER WOMEN</b>					
<b>Wednesday 10:00 am</b>					
January	16				
February	20				
March	20				
April	17				
May	15				
June	19				
July	17				
August	21				
September	18				
October	16				
November	20				
December	18				

<b>SAINT JAMES</b>					
<b>coming soon</b>					
January					<i>Contract site for Saint James patients only</i>
February					
March					
April					
May					
June					
July					
August					
September					
October					
November					
December					

<b>TWIN PORTS</b>					
<b>coming soon</b>					
January					
February					
March					
April					
May					
June					
July					
August					
September					
October					
November					
December					

If you want to attend MOVE at a different VA clinic, please contact that facility for authorization.	
Minneapolis	MOVE message center
Chippewa Falls	715-720-3780
Hayward	715-934-5454
Hibbing	218-263-9698
Mankato	507-387-2939
Maplewood	651-290-3040
NW Metro	MOVE message center
Rice Lake	715-236-3355
Rochester	507-252-0885
St. James	507-375-9670
Twin Ports	715-392-9711 or MOVE message center

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