



Veteran Health Education Journey

Education Service Line

VA



U.S. Department of Veterans Affairs
Veterans Health Administration
Minneapolis VA Health Care System

Minneapolis VA Veteran Health Education will support you throughout your healthcare journey

Learn what we can do for you



Simplify Communication with Providers

- My HealtheVet/Secure messaging
- Education consults from providers
- HealthChat
- VA Video Connect
- VEText
- Telehealth
- Help with direct communication
- Provide referral resources



Deliver Health Education

- Resources as directed by providers
- Understandable information to empower and improve health
- Health navigator to help people find the right resource
- One-stop resource center
- Classes via secure messaging



Support Self-Directed Learning

- Librarian-assisted searches
- Research materials and resources
- General computer access
- My HealtheVet Health Library
- Computer literacy class
- Class to help navigate the VA
- Materials and resources on social media
- Annie self-management text messaging
- VA Apps (like MOVE!)



Engage Where You Are

- Outreach programs and open houses
- Health-improvement outreach for Homeless Veterans
- Print, online and in-person information about events, programs, services and resources for Veterans
- Red Carpet Orientation
- Inpatient orientation



Whole Health and Wellness Support

- Health and wellness clinics and events
- Self-assessment and tracking tools



Tech and Education Tools Training

- Scheduled and on-demand tech training
- Training for personal tech devices
- Class on how to download and use VA apps

Find out where education fits into your healthcare journey



Download **VA Apps** to expand clinical care beyond the traditional office visit. <https://mobile.va.gov>



Attend a **Red Carpet Orientation** and find program and services info on our website www.minneapolis.va.gov

ENTERING
VA CARE



Take **classes via secure messaging**, call 612-467-4212 for more information.



Use **self-assessment and self-tracking tools** to improve your health. www.myhealth.va.gov

REINVENT
MYSELF



Secure messaging lets you communicate online with your VA health care team. www.myhealth.va.gov



Visit the **Health and Wellness Learning Center**, a one-stop resource center. www.minneapolis.va.gov/patients

TAKING
CARE OF
MYSELF



Let the **librarians help you search** for health resources. Visit the Learning Center or call 612-467-4212.



Attend a **scheduled or on-demand tech training** session.

RETIRING



Use **telehealth** to connect with your care team and share important health information. <https://telehealth.va.gov>



Let the **health navigator** help you find the right health education resource.



Visit **My HealtheVet Library** online www.veteranshealthlibrary.va.gov

AGING