Conscious Sedation

You will receive conscious sedation for your ______________________________________.

Conscious sedation gives you a depressed level of consciousness. This means that you will be able to breathe normally, will be able to hear the doctors and nurses working with you, follow their directions and answer their questions, but you will feel sleepy and will not feel as much discomfort or pain. If anesthesia is involved, you will be given another set of instructions in addition to these.

You will probably receive one or more of the following medications:
__________________________________________________.

Possible side effects of these medications include: drowsiness memory loss, confusion, dizziness, nausea, vomiting, shivering, weakness, headache, and muscle incoordination.

Special Instructions
You must not drive a car or use complex machinery until the next day.

You should have a responsible adult stay with you until the next day.

If you are given a prescription for pain medication, take it as directed.

Avoid making any important decisions until the next day.

Do not drink alcoholic beverages until the next day.

After your procedure, you may eat your regular diet, unless you are told otherwise.

You may take your regular medications, unless you are told otherwise.

You may feel tired for the rest of the day. Tomorrow you should feel normal. Then you may return to all your usual activities, unless you are told otherwise.

You may not remember everything about your procedure, this is normal. If you have other memory problems that last longer than 24 hours, call your doctor at the number listed below.

Call 911 for an emergency.

If you have any questions or problems, please call (612) 725-2000, extension ______.

A follow-up appointment has been scheduled for you on ___________________ in the ___________________ Clinic.
Content approval:
Reference: MVAMC Care of Patients (TX) Policy #TX-04D, Medication Use.
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