

MOVE! Support Groups - Minneapolis – 2019

Patient Copy

Our improved support groups offer closed groups, one facilitator, and more structure – all to help Veterans be more accountable. Patients must choose one cohort and attend a MAXIMUM of 6 sessions within their cohort. Once they reach their 6th session, a MOVE provider will offer recommendations for their next step. Patients may schedule all 6 sessions at once. Keeping a food/activity log is highly encouraged.

Wednesdays

3rd Wednesday

12:00 noon

Room 1H-117 Mpls

*CVT broadcasts available

Thursdays

2nd Thursday

5:00 pm

Room 1H-117 Mpls

January
February
March
April
May
June
July
August
September
October
November
December

16
20
20
17
15
19
17
21
18
16
20
18

11
9
13
11
8
12
10
14
12