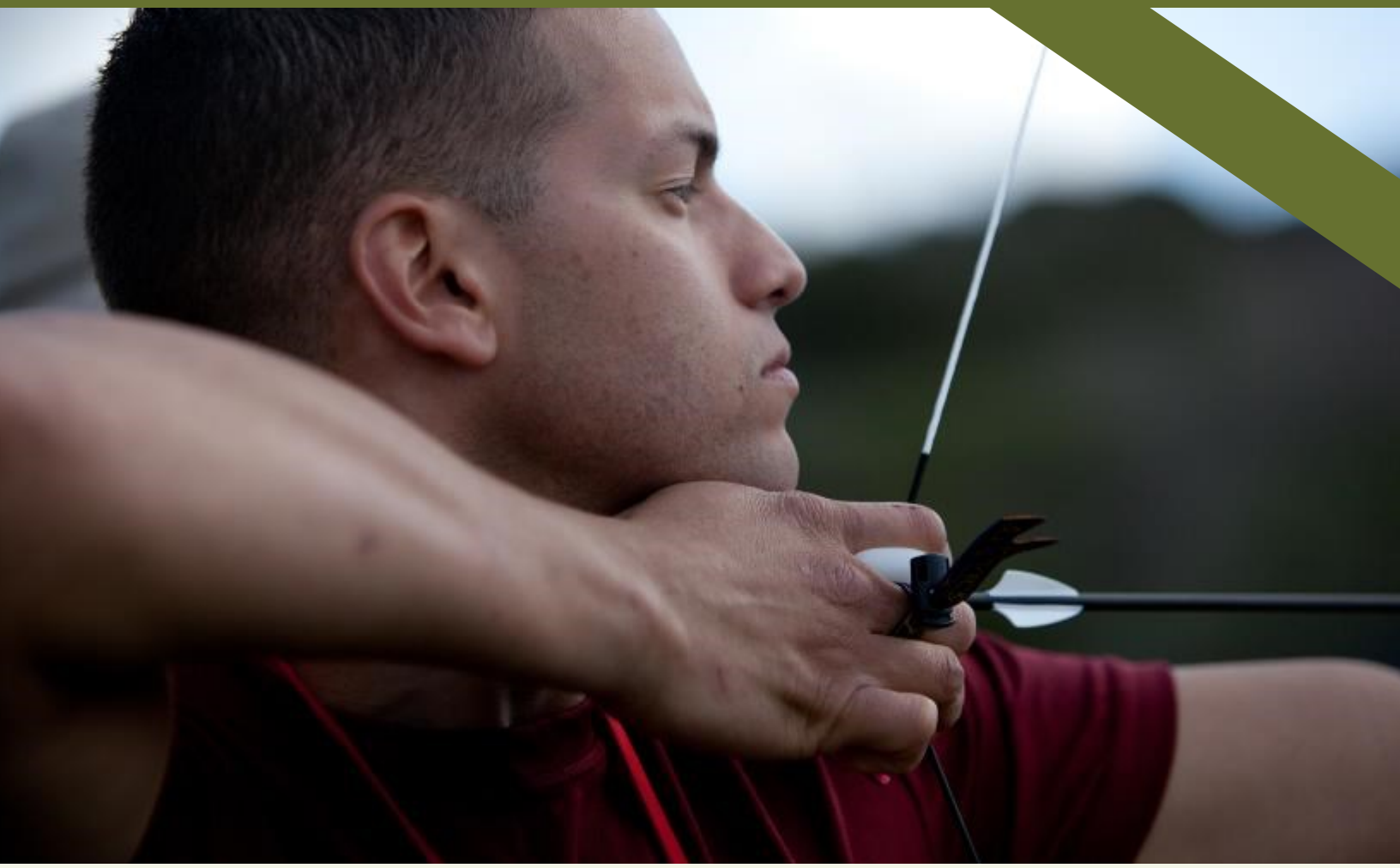
MILITARY Adaptive Sports Resources 2017

WARFIGHTER SM SPORTS
Serving Severely Wounded Since 1967
A PROGRAM OF DISABLED SPORTS USA

DISABLED SPORTS USA



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This resource booklet may not include every adaptive sports organization available to veterans.
This booklet should not be seen as an endorsement of the included organizations by Disabled Sports USA.

Organizations in Attendance - 2

Central Cross Country Ski Association

Nordic skiing includes both cross-country skiing events and the biathlon discipline. Cross-country races range from 2.5 km to 20 km depending on disability and gender. Biathlon combines elements of cross-country skiing and sharp shooting. Athletes ski three 2.5 km loops (7.5 km total), stopping after the first two loops to shoot at five targets (10 targets total). One minute is added to the athlete's finishing time for each miss. Paralympic Nordic skiing competition is open to male and female athletes with physical disabilities such as amputation/limb loss, blindness/visual impairment, spinal cord injury/wheelchair-users and cerebral palsy/brain injury/stroke.

For more information, visit http://www.teamusa.org/US-Paralympics/Find-A-Club/Club-Search/Central-Cross-Country-Ski-Association-Paralympic-Sport-Madison

or contact Martin Donegan at martin.donegan@cxcskiing.org.

Courage Kenny Rehabilitation Institute

Courage Kenny Rehabilitation Institute was created in 2013 by the merger of Sister Kenny Rehabilitation Institute and Courage Center. The Institute provides a continuum of rehabilitation services for people with short and long-term conditions, injuries and disabilities in communities throughout Minnesota and western Wisconsin. The Institute's goal is to improve health outcomes, make it easier for clients and families to get the right services for their needs, and reduce costs by preventing complications. Courage Kenny Rehabilitation Institute has multiple locations, and numerous programs and services.

For more information, visit www.couragecenter.org or contact JR Mamea at taavasa.mamea@allina.com.

Disabled Sports USA (Warfighter Sports)

Founded in 1967, Disabled Sports USA is a charitable organization that provides opportunities for individuals with disabilities to develop independence, confidence and fitness through participation in sports. Warfighter Sports, a program of Disabled Sports USA, offers sports rehabilitation free of charge to severely wounded warriors in military hospitals and communities across the U.S. through a nationwide network of over 100 community-based chapters. Since 1967, Disabled Sports USA has proudly served wounded warriors, including those injured in the Iraq and Afghanistan wars, offering over 30 winter and summer sports at more than 100 events each year. Warfighter Sports rebuilds lives through sports by improving self-confidence, promoting independence and uniting families through shared healthy activities.

For more information, visit www.warfightersports.org or contact BreAnne Podgorski at bpodgorski@dsusa.org.

Majestic Hills Ranch Foundation

Majestic Hills Ranch's program "Heroes on Horseback" offers equine-assisted activities and therapies free of charge to veterans and active duty military personnel who have sustained a wide variety of physical injuries and/or psychological trauma including, but not limited to PTSD. Our goal is to engage injured veterans and activity military personnel in a variety of equine-assisted therapeutic activities designed to achieve measurable physical, behavioral, cognitive, psychological, and communicative goals.

For more information, visit www.majestichillsranch.org or contact Larry R. Johnson at ljohnson@majestichillsranch.com.

MidWest School of Diving

Located in White Bear Lake, MN, MidWest School of Diving offers everything from basic scuba diving to advanced dives. With over 30 years of diving experience, MidWest School of Diving ensures that all training is performed to the professional standards of PADI, SDI, ERDi, and HAS. For more information, visit: www.mwschoolofdiving.com.

Mind Body Solution

Mind Body Solution is a 501c3 nonprofit with a mission to transform trauma, loss and disability into hope and potential by awakening the connection between mind and body. We are best known for adapting yoga for persons with disabilities. Currently we offer free yoga classes to all vets, active personnel and family members. All levels of disabilities and abilities are welcome.

For more information, visit www.mindbodysolutions.org or contact Amy Samson Burke at info@mindbodysolution.org.

Minneapolis VA Recreation Therapy / Adaptive Sports Program

Minneapolis VA Recreation Therapy Section provides inpatient and outpatient services including: comprehensive leisure assessment, goal-focused treatment, leisure education, adaptive recreation/sports participation, community integration, and local and national resources. The purpose of Recreation Therapy services is to restore, remediate, or rehabilitate using leisure activities in order to improve functioning and independence as well as to reduce the effects of illness or disability. It is our goal to provide recreation resources and opportunities in order to improve health, well-being and quality of life for Veterans.

For more information, visit www.va.gov/adaptivesports or contact vacoadaptiveSP@va.gov.

Organizations in Attendance - 3

Minneapolis VA HCS MOVE! - Weight Management Program
The MOVE Weight Management Program is a national VA program to help Veterans lose weight, keep it off and improve their health with an emphasis on health and wellness through nutrition, physical activity and behavior change. The program is tailored to meet individual needs. Services are offered via group, individual, telephone, electronic messaging, broadcasting groups classes and individual visit to patients at the Minneapolis outpatient clinic sites.
For more information, visit http://www.minneapolis.va.gov/MINNEAPOLIS/services/move.asp or call 612.629.7388 or 866.414.5058 X 7388. .

Minneapolis VA Healthy Teaching Kitchen
The Minneapolis VA provides healthy cooking classes the 2nd Tuesday of each month from 2-3pm in 1B 105 (CLC Dining Room). To preschedule an appointment or to schedule an appointment to see a dietitian, please call 612.467.2004. Walk ins are welcomed!

MyHealthVet
MyHealthVet is an online personal health record for Veterans. Veterans are able to securely message their provider, refill medications, and track their health. To sign up for MyHealthVet visit https://www.myhealth.va.gov/

Minnesota Warriors Ice Hockey
The MN Warriors Ice Hockey Program has been organized for charitable and educational purposes, for United States Military personnel wounded, injured or otherwise disabled veterans of the United States Military in conjunction with the USA Disabled Hockey Program, in order to assist our veterans with reintegration into civilian life. The program educates, trains, motivates and encourages individuals who have physical or mental disabilities incurred during service to the United States, to participate in the sport of ice hockey in an environment that is adapted to the level of the ability of the participating athlete, as well as assist veterans with disabilities and to promote awareness of challenges our veterans face and to encourage team building.
For more information, visit http://www.mnwarriors.com/page/show/465035-home-of-minnesota-warriors-hockey

North Star Community Rowing
North Star Community Rowing, a Minnesota non-profit organization, seeks to empower individuals, transform lives, and build community through the unique discipline of rowing. NSCR provides opportunities for members to build strength, gain confidence, and pursue excellence through rowing. For more information, visit: http://www.northstarcommunityrowing.org/ or contact info@northstarcommunityrowing.org.

Paralyzed Veterans of America (PVA)
Minnesota PVA is a Veterans service organization that advocates for Veterans with Spinal Cord Injury or Disorder and is one of 38 chapters located throughout the United States. Our parent national office, Paralyzed Veterans of America, is located in Washington D.C. Our mission covers Advocacy/Legislative, Sports and Recreation, Medical Research and Education. For more than 65 years, Paralyzed Veterans of America has been on a mission to change lives and build brighter futures for our seriously injured heroes—to empower these brave men and women with what they need to achieve the things they fought for: freedom and independence.
For more information, visit www.mnpva.org or contact Ken Klein at mnpva@qwestoffice.net.

PGA—Minnesota Section
The Minnesota Section PGA is 1 of 41 Sections of the PGA of America. The Section boundaries include the state of Minnesota, North and Sought Dakota. The Section serves over 500 PGA Members and Apprentice golf professionals working at facilities throughout the Section. The mission of the Minnesota Section PGA is to promote the enjoyment and involvement in the game of golf and to contribute to its growth by providing services to golf professionals and the golf industry. The PGA will accomplish this mission by enhancing the skills of its professionals and the opportunities for amateurs, employers, manufacturers, employees and the general public. In doing so, the PGA will elevate the standards of the professional golfer's vocation, enhance the economic well-being of the individual member, stimulate interest in the game of golf and promote the overall vitality of the game.
For more information, visit www.minnesotapga.com or contact Paul Kelley at info@minnesotapga.com.

Organizations in Attendance - 4

Project Healing Waters
Project Healing Waters Fly Fishing Inc. is dedicated to the physical and emotional rehabilitation of disabled active military service personnel and disabled veterans through fly fishing and associated activities including education and outings. The Project Healing Waters Fly Fishing program provides basic fly fishing, fly casting, fly tying and rod building classes, along with clinics. Participants range from beginners who have never fished before, to those with prior fly fishing and tying experience who are adapting their skills to their new abilities. All fly fishing and tying equipment is provided to the participants at no cost. Fishing trips, both one day and multi-day, are also provided free of charge to participants.
For more information, visit www.projecthealingwaters.org or contact Rob Noirjean at rob.noirjean@projecthealingwaters.org.

Team River Runner
Team River Runner envisions a national network which creates innovative paddling programs designed to assist with the recovery of those injured while serving our country. Through paddle sports, TRR volunteers and partners provide local communities unique opportunities for the active, safe, and positive support of healing service members and their families. For more information, visit: www.teamriverrunner.org.

Three Rivers Park District
Three Rivers Park District is a park system in the west suburban Minneapolis/St. Paul metro area of Minnesota. We manage almost 27,000 acres of park reserves, regional parks, regional trails, and special-use facilities. With facilities for every season, including picnicking, swimming, play areas, boating, fishing, downhill skiing, snowboarding, golfing, camping, and sledding, Three Rivers Parks is the place for recreation, play and relaxation. We have developed an extensive trail system for hiking, biking, in-line skating, horseback riding, cross-country skiing, and snowshoeing. We also offer program sites for nature, recreation, historic, and farm education. Three Rivers Park District adaptive programs provides outdoor recreation opportunities for groups and individuals with disabilities.
For more information, visit www.threeriversparks.org or contact Sam Tabaka at access@threeriverspark.org.

USTA—Northern
The USTA is the governing body of tennis in the United States. The USTA Adaptive Tennis's mission is to provide opportunities to all populations to enjoy the sport of tennis, and to realize the benefits of the sport and its life changing opportunities. Adaptive Tennis's goal is to promote and develop recreational tennis opportunities for individuals with differing abilities and circumstances through inclusion, knowledge, and support, and by providing, where needed, adaptive programming, equipment, and teaching techniques.
For more information, visit www.northern.usta.com or contact Tony Stingley at stingley@northern.usta.com.

Wayzata Community Sailing Center
Wayzata Community Sailing Center - Adaptive Sailing is a 501c3 organization which extends our mission of 'Sailing for Everyone' to people with disabilities. Sailing is a life sport which can be done by anyone regardless of age or physical condition. Sailing is a curious combination of relaxation, adventure, challenge, and reward. Sailing levels the playing field because disabled and able bodied people can participate on the same basis. We help people learn the rudiments of sailing so they can do it for the rest of their lives anywhere in the world.
For more information, visit www.wayzatasailing.org or contact Ernest Brody at wayzatasailing@usinternet.com.

Wiggle Your Toes
The mission of Wiggle Your Toes is to empower those who have lost a limb to move forward, take action, and get back to the life they want. For more information, visit: www.wiggleyourtoes.org or contact info@wiggleyourtoes.org.

Wounded Warrior Project (WWP)
The mission of Wounded Warrior Project (WWP) is to honor and empower wounded warriors. Our Physical Health & Wellness program provides recreation, adaptive sports programs, and overall strategies to help you remain physically engaged while adjusting to life after injury. Warriors' physical and psychological well-being are optimized through comprehensive recreation and sports programs, physical health promotion strategies, legislative policy change, and physical rehabilitation designed to help maximize independence.
For more information, visit www.woundedwarriorproject.org.

YMCA Veterans Outreach
YMCA Veterans Outreach Program supports local veterans and their families with monthly meetings and events that will cover a variety of topics. For more information, please visit: https://www.facebook.com/YMCA-Veterans-Outreach-Program-1028398513928003/.

National Organizations - 5

Achilles International
Handcycling, Running
Janet Patton - jpatton@achillesinternational.org
www.achillesinternational.org

Adaptive Golf Academy
Golf
David Windsor - david@adaptivegolfacademy.com
www.adaptivegolfacademy.com

Challenged Athletes Foundation
Archery, Cycling, Surfing, Triathlon
Nico Marcolongo - nico@challengedathletes.org
www.operationrebound.org

Disabled Sports USA (Warfighter Sports)
Multisport
Breanne Podgorski- bpodgorski@dsusa.org
www.warfightersports.org

Freedom Hunters
Hunting Trips
Bud DePlatchett - info@freedomhunters.org
www.freedomhunters.org

Heroes on the Water
Kayak Fishing
Jim Dolan - info@heroesonthewater.org
www.heroesonthewater.org

Hope for the Warriors
Outdoor Adventure Activities, Races
Steve Bartomioli - sbarto@hopeforthewarriors.org
www.hopeforthewarriors.org

Injured Marine Semper Fi Fund
Multisport
Jeff Steffen - jeffrey.steffen@semperfifund.org
www.semperfifund.org

Military Racquetball Federation
Racquetball
Steven Harper - steven@militaryracquetball.com
www.militaryracquetball.com

Military Warriors Support Foundation
Golf, Hunting, Outdoor Recreation
Josh Kinser - josh@militarywarriorsmail.org
www.militarywarriors.org/skills4life

Mission Redefined: VA Adaptive Sports Program
Multisport
Mike Welch - vacoadaptivesp@va.gov
www.va.gov/adaptivesports

National Amputee Golf Association
Golf
Kenny Greene - kennynaga@yahoo.com
www.nagagolf.org

National Wheelchair Basketball Association
Wheelchair Basketball
Brandon McBeain - brandonmcbeain@nwba.org
www.nwba.org

Paradox Sports
Climbing
info@paradoxsports.org
www.paradoxsports.org

Project Healing Waters
Fly Fishing
Rich Lobianco - midwest@projecthealingwater.org
www.projecthealingwaters.org

Ride 2 Recovery
Cycling
Terry Wall - twall@projecthero.org.
www.ride2recovery.com

Team Red White and Blue
Running, Triathlon
Jonathan Silk - jonathan.silk@teamrwb.org
www.teamrwb.org

Team River Runner
Canoeing, Kayaking
Jodi Martinez— trr.minn@gmail.com
www.teamriverrunner.org

Tee It Up for the Troops
Golf
Mary Oldenburg - mary@teeitupforthetroops.org
www.teeitupforthetroops.org

United States Association of Blind Athletes
Multisport
Mark Lucas - mlucas@usaba.org
www.usaba.org

United States Curling Association, Inc.
Wheelchair Curling
Marc Deperno - marc.deperno@usacurl.org
www.usacurl.org

United States Tennis Association
Tennis
Karin Buchholz - military@usta.com
www.ustafoundation.com/military

US Biathlon
Biathlon, Nordic Skiing
Jessica Smith — jessica.smith@usoc.org
www.teamusa.org/us-biathlon

National Organizations - 6

US Handcycling
Cycling
info@ushf.org
www.ushf.org

US Para Equestrian Association
Equestrian
Hope Hand - wheeler966@aol.com
www.uspea.org

US Paralympics (Local Paralympic Sports Clubs)
Multisport
Dan Schwieder - daniel.schwieder@usoc.org
http://www.teamusa.org/US-Paralympics/find-a-club

US Quad Rugby
Rugby
Eric Ingram- president@quadrugby.com
www.quadrugby.com

US Rowing
Rowing
Debbie Arenberg - deb@usrowing.org
www.usrowing.org/domesticrowing/adaptiverowing

US Sailing
Sailing
Cindy Walker - cindywalker@ussailing.org
www.ussailing.org/education/adaptive-sailing

USA Fencing
Wheelchair Fencing
Bob Bodor - b.bodor@usfencing.org
www.usfencing.org

USA Hockey
Sled Hockey, Stand-Up (Amputee) Hockey
Norm Page - info@usawarriorshockey.org
www.usahockey.com/sledhockey

USA Swimming
Swimming
Randy Julian - rjulian@usaswimming.org
www.usaswimming.org

USA Table Tennis
Table Tennis (Ping Pong)
Jasna Rather - jasna@usatt.org
www.teamusa.org/usa-table-tennis

USA Triathlon
Paratriathlon
Amanda Duke - paratriathlon@usatriathlon.org
www.usatriathlon.org

VET Sports
Multisport
Brian Taylor - the_toc@vetsports.org
www.vetsports.org

Wheelchair and Ambulatory Sports USA
Multisport
Gregg Baumgarten - chairman@wasusa.org
www.wasusa.org

Wheelchair Lacrosse USA
Lacrosse
Ryan Baker - info@wheelchairlacrosse.com
www.wheelchairlacrosse.com

World T.E.A.M. Sports
Bike Rides
Anna Quinn - info@worldteamsports.org
www.worldteamsports.org

Wounded Warrior Project
Multisport
John Roberts - info@woundedwarriorproject.org
www.woundedwarriorproject.org

Wounded Warriors in Action Foundation
Fishing, Hunting
John McDaniel - info@wwiaf.org
www.wwiaf.org

Regional Organizations - 7

Minnesota

Capable Partners - Golden Valley, MN
Hunting, Fishing
www.capablepartners.org

Lets Go Fishing - Bayport, MN
Fishing
www.letsgofishingstillwater.com

River Valley Riders - Multiple Locations, MN
Therapeutic Horseback Riding
www.rivervalleyriders.org

Roll With It - St. Cloud, MN
Archery, Alpine Skiing, Hunting, Shooting
www.rollwithitmn.org

US Electric Wheelchair Hockey Association - St. Paul, MN
Wheelchair Hockey
www.powerhockey.com

Iowa

Adaptive Sports Iowa - Ames, IA
Multisport
www.adaptivesportsiowa.org

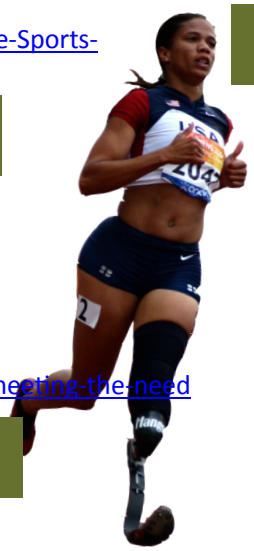
Sport Ability of Iowa - Cedar Rapids, IA
Multisport
www.sportabilityofiowa.org

QCA Adaptive Sports Association - Davenport, IA
Multisport
https://www.facebook.com/QCA-Adaptive-Sports-Association-116749518349377/

South Dakota

Black Hills Ski for Light - Rapid City, SD
Alpine and Nordic Skiing
www.bhsfl.org

Meeting the Need - Keystone, SD
Camping
http://www.southdakotamagazine.com/meeting-the-need



North Dakota

Sporting Chance - Bismarck, ND
Alpine Skiing, Hunting, Fishing
www.sporting-chance.com

Wallbangers Wheelchair Athletic Association - Fargo, ND
Multisport
www.ndad.org/wheelchairathletics

Wisconsin

Challenge The Outdoors, Inc. - Green Bay, WI
Fishing, Hunting
www.ctoforme.org

Fishing Has No Boundaries, Inc. - Hayward, WI
Fishing
www.fhnbinc.org

Sail Any Way Org - Egg Harbor, WI
Sailing
www.sailanyway.org

SE Wisconsin Adaptive Ski Program - East Troy, WI
Alpine Skiing
www.sewasp.org

Wisconsin Wheelchair Sports Association - Waukesha, WI
Multisport
www.wiswheelsports.org

Sporting Chance - Bismarck, ND
Alpine Skiing, Hunting, Fishing
www.sporting-chance.com

Wallbangers Wheelchair Athletic Association - Fargo, ND
Multisport
www.ndad.org/wheelchairathletics

Nebraska

All Play - Omaha, NE
Baseball
www.allplay.org

Eastern Nebraska Wheelchair Athletic Assn - Omaha, NE
Multisport
www.enwaa.org

Great Plains PVA - Omaha, NE
Multisport
www.greatplainspva.org.

Madonna Rehabilitation Hospital - Lincoln, NE
Multisport
www.madonna.org/specialized/recreation/overview.html

Nebraska Steel Sled Hockey Team - Kearney, NE
Sled Hockey
https://www.facebook.com/Nebraska-Sled-Hockey-155271384511327/

Disabled Sports USA Chapters - 8

Alaska

Alpine Alternatives, Inc.
www.alpinealternatives.org
Anchorage, AK

Challenge Alaska
www.challengealaska.org
Anchorage, AK

Southeast Alaska Independent Living
www.sailinc.org
Juneau, AK

Alabama

Lakeshore Foundation
www.lakeshore.org
Birmingham, AL

Arizona

Arizona Disabled Sports
www.arizonadisabledsports.com
Mesa, AZ

California

Adaptive Sports & Recreation Association
www.adaptivesportsandrec.org
San Diego, CA

Bay Area Outreach and Recreation Program (BORP)
www.borp.org
Berkeley, CA

Disabled Sports USA Eastern Sierra
www.disabledsportseasternsierra.org
Mammoth Lakes, CA

Disabled Sports USA Far West
www.dsusafw.org
Truckee, CA

Disabled Sports USA Los Angeles
www.unrecables.com
Los Angeles, CA

Disabled Sports USA Orange County
www.theachievers.org
Fullerton, CA

Discovery Blind Sports
www.discoveryblindsports.org
Kirkwood, CA

Shasta Disabled Sports USA
www.shastadsusa.org
Mount Shasta, CA

US Adaptive Recreation Center
www.usarc.org
Big Bear Lake, CA

Colorado

Adaptive Action Sports
www.adacs.org
Boulder, CO

Adaptive Adventures
www.adaptiveadventures.org
Boulder, CO

Adaptive Sports Association
www.asadurango.org
Durango, CO

Adaptive Sports Center of Crested Butte
www.adaptivesports.org
Crested Butte, CO

Aspen Camp (Deaf & Hard of Hearing)
www.aspencamp.org
Aspen, CO

Breckenridge Outdoor Education Center
www.boec.org
Breckenridge, CO

Challenge Aspen
www.challengeaspen.org
Snowmass Village, CO

Colorado Discover Ability
www.coloradodiscoverability.org
Grand Junction, CO

Foresight Ski Guides, Inc.
www.foresightskiguides.org
Vail, CO

Golf 4 The Disabled
www.golf4thedisabled.org
Englewood, CO

Ignite Adaptive Sports
www.igniteadaptivesports.org
Boulder, CO

National Sports Center for the Disabled
www.nscd.org
Winter Park, CO & Denver, CO

Steamboat Adaptive Recreational Sports
www.steamboatstars.com
Steamboat Springs, CO

Telluride Adaptive Sports
www.tellurideadaptivesports.org
Telluride, CO

US Handcycling
www.ushf.org
Evergreen, CO

Visually Impaired & Blind Skiers
www.coloradovibes.org
Colorado Springs, CO

Connecticut

Leaps of Faith Adaptive Skiers
www.leapsoffaithwaterskiers.com
Sandy Hook, CT

Sports Association of Gaylord Hospital
www.gaylord.org
Wallingford, CT

Florida

Florida Disabled Outdoors Association
www.fdoa.org
Tallahassee, FL

Disabled Sports USA Chapters - 9

Georgia

Athens Inclusive Recreation & Sports
www.airs-ga.org
Athens, GA

Idaho

Adaptive Wilderness Sports of McCall
www.awesomeidaho.org
McCall, ID

AquAbility
www.aquability.org
Boise, ID

Higher Ground Sun Valley
www.highergroundsv.org
Ketchum, ID

Recreation Unlimited, Inc.
www.recreation-unlimited.org
Boise, ID

Illinois

Adaptive Adventures
www.adaptiveadventures.org
Wilmette, IL

Dare2Tri
www.dare2tri.org
Chicago, IL

Great Lakes Adaptive Sports Association (GLASA)
www.glasa.org
Lake Forest, IL

Indiana

Special Outdoor Leisure Opportunities
www.skisolomichiana.org
South Bend, IN

Turnstone
www.turnstone.org
Fort Wayne, IN

Iowa

Adaptive Sports Iowa
www.adaptivesportsiowa.org
Ames, IA

Kansas

Wheelchair Sports, Inc.
www.wcsports.org
Wichita, KS

Kentucky

U.S. Driving for the Disabled
www.usdfd.org@gmail.com
Georgetown, KY

Maine

Central Maine Adaptive Sports
www.cmasports.org
Auburn, ME

Maine Adaptive Sports & Recreation
www.maineadaptive.org
Newry, ME

Maryland

Baltimore Adapted Recreation Sports
www.barsinfo.org
Sparks, MD

Chesapeake Region Accessible Boating
www.crabsailing.org
Annapolis, MD

Soldiers Undertaking Adaptive SCUBA (SUDS)
www.sudsdiving.org
Bethesda, MD

Team River Runner, Inc.
www.teamriverrunner.org
Rockville, MD

Massachusetts

AccesSport America
www.accessportamerica.org
Acton, MA

CAPEable Adventures, Inc.
www.capeableadventures.org
Sandwich, MA

Michigan

Cannonsburg Challenged Ski Association
www.skiccsa.org
Ada, MI

Michigan Adaptive Sports
www.michiganadaptivesports.org
West Bloomfied, MI

Minnesota

Courage Kenny Sports and Recreation
www.couragecenter.org
Minneapolis, MN

US Electric Wheelchair Hockey Association
www.powerhockey.com
Minneapolis, MN

Missouri

Disabled Athlete Sports Association
www.dasasports.org
St. Peters, MO

Midwest Adaptive Sports
www.midwestadaptivesports.org
Dearborn, MO

Montana

DREAM Adaptive Recreation, Inc.
www.dreamadaptive.org
Whitefish, MT

Disabled Sports USA Chapters - 10

Eagle Mount Billings
www.eaglemount.us
Billings, MT

Eagle Mount Bozeman
www.eaglemount.org
Bozeman, MT

Eagle Mount Great Falls
www.eaglemount.net
Great Falls, MT

New Hampshire

Ability*PLUS* Inc.
www.abilityplus.org
Manchester, NH

Granite State Adaptive
www.gsadaptivesports.org
Mirror Lake, NH

Lakes Region Disabled Sports at Gunstock
www.gunstockadaptive.org
Gilford, NH

New England Disabled Sports
www.nedisabledsports.org
Lincoln, NH

New England Handicapped Sports Association
www.nehsa.org
Mount Sunapee Resort, NH

Northeast Passage
www.nepassage.org
Durham, NH

Waterville Valley Adaptive Sports
www.watervilleadaptive.com
Waterville Valley, NH

New Mexico

Adaptive Sports Program
www.adaptiveski.org
Santa Fe, NM

Ski Apache Adaptive Sports
www.skiapacheadaptivesports.com
Ruidoso, NM

New York

ASPIRE, Inc. (Amputee Program)
info@aspireny.org
Saratoga Springs, NY

Adaptive Sports Foundation
www.adaptivesportsfoundation.org
Windham, NY

Adaptive Sports Program – Helen Hayes Hospital
www.helenhayeshospital.org/tag/adapted-sports-and-recreation
West Haverstraw, NY

Cape Ability Outrigger Ohana
www.adaptivecanoeing.org
West Henrietta, NY

Greek Peak Adaptive Snowsports
www.gpadaptive.org
Cortland, NY

Lounsbury Adaptive Ski Program
www.lounsburyadaptive.org
Ellicottville, NY

North Country Access Cycling
www.ncaccess.org
Watertown, NY

STRIDE, Inc.
www.stride.org
Rensselaer, NY

Western New York Adaptive Water Sports
www.wnyadaptivewatersports.org
Grand Island, NY

North Carolina

Adventure Amputee Camp
www.adventureamputeecamp.org
Bryson City, NC

Bridge II Sports
www.bridge2sports.org
Durham, NC

Ohio

Adaptive Adventure Sports Coalition
www.taasc.org
Powell, OH

Three Trackers of Ohio
www.3trackers.org
Middleburg Heights, OH

Oklahoma

UCO Sports & Recreation
www.uco.edu/wellness/sr
Edmond, OK

Oregon

Happy Trails Riding Center
www.happytrailsridingcenter.org
West Linn, OR

Oregon Adaptive Sports
www.oregonadaptivesports.org
Bend, OR

Pennsylvania

Blue Ridge Adaptive Snow Sports
www.brasski.org
Carroll Valley, PA

HOPE Network
www.hopenetwork-pa.org
Pittsburgh, PA

Pennsylvania Center for Adapted Sports
www.centeronline.com
Philadelphia, PA

Three Rivers Adaptive Sports
www.traspa.org
Pittsburgh, PA

Disabled Sports USA Chapters - 11

Two Top Mountain Adaptive Sports Foundation
www.twotopadaptive.org
Mercersburg, PA

Rhode Island

Access2Adventure
info@access2adventure.net
Tiverton, RI

South Carolina

Roger C. Peace Rehab Hospital
dfitzmorris@ghs.org
Tiverton, RI

South Dakota

Black Hills Ski For Light
www.bhsfl.org
Rapid City, SD

Tennessee

Sports, Arts & Recreation of Chattanooga (SPARC)
www.sparctn.org
Chattanooga, TN

Texas

Operation Comfort
www.operationcomfort.org
San Antonio, TX

Utah

Common Ground Outdoor Adventures
www.cgadventures.org
Logan, UT
National Ability Center
www.discovernac.org
Park City, UT

Vermont

Ability*PLUS* Inc.
www.abilityplus.org
Mount Snow, VT

Adaptive Martial Arts Association, Inc.
www.adaptivemartialarts.org
Pittsford, VT

Bart J. Ruggiere Adaptive Sports Center
www.bartcenter.com
Manchester, VT

Friends of Stowe Adaptive Sports
www.stoweadaptive.org
Hyde Park, VT

Northeast Disabled Athletic Association
www.disabledathletics.org
Burlington, VT

Vermont Adaptive Ski & Sports Association
www.vermontadaptive.org
Multiple Locations, VT

Virginia

Adventure Amputee Camp
www.adventureamputeecamp.org
Winchester, VA

Sportable
www.sportable.org
Richmond, VA

Wintergreen Adaptive Sports
www.wintergreenadaptivesports.org
Lovingston, VA

Washington

Footloose Sailing Association
www.footloosedisabledsailing.org
Seattle, WA

Outdoors for All Foundation
www.outdoorsforall.org
Seattle, WA

Washington, D.C.

D.C. Firefighters Burn Foundation
www.dcffburnfoundation.org
Washington, DC

West Virginia

Challenged Athletes of West Virginia
www.cawvsports.org
Snowshoe, WV

Wisconsin

Southeastern Wisconsin Adaptive Ski Program
www.sewasp.org
Cedarberg, WI

Wyoming

Teton Adaptive Sports
www.tetonadaptivesports.com
Jackson, WY

Adaptive Equipment - 12

Through the VA

As a wounded service member, you may be eligible for adaptive equipment through the VA, whether you are active duty or a veteran.

The following is a brief guide to navigating the process for receiving adaptive equipment.

1) **Register through the VA.** http://www.vba.va.gov/bln/21/compensation/index.htm
2) **Identify your interests.** The process can move more quickly if you already have documentation of participation and trials of several pieces of adaptive equipment to know which one works best for you.
3) **Consult your primary care provider.** They will help initiate this process and make referrals as needed. Medical clearance is required.
4) **Get a full evaluation.** Typically done through the rehabilitation department, this assessment includes education and identification of adaptive equipment as it relates to your specific physical needs and interests.
5) **Identify Appropriate Equipment/Submit Request.** Based on the evaluation, you and your rehabilitation team will select equipment to accommodate your needs. Next, a formal request will be submitted for final approval.
6) **Receive your equipment.** Final fitting and adjustments are made when equipment is issued.

Private Orgs

These organizations also provide equipment grants to supplement the VA program. Visit their websites to find individual grant applications.

Challenged Athletes Foundation (Operation Rebound)
www.challengedathletes.org

Hope for the Warriors
www.hopeforthewarriors.org

IM Able Foundation
www.imablefoundation.org

Play Foundation
www.playfoundation.org

Independence Fund
www.independencefund.org/page/atc

Kelly Brush Foundation (SCI Only)
www.kellybrushfoundation.org

High Fives Foundation (Winter Sports)
www.highfivesfoundation.org

Team Semper Fi / America's Fund
www.semperfifund.org

Catch a Lift Fund (Gym Memberships)
www.catchaliftfund.com